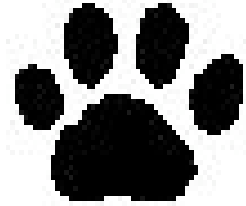


Panther Pride News



Medomak Valley High School

320 Manktown Rd.

Waldoboro, ME 04572

Harold E. Wilson, Principal

Andrew J. Cavanaugh, Assistant Principal

Ann M. Hassett, Director of Instruction

PH: (207) 832-5389 / FX: (207) 832-2280

Main Office Hours: 7:15-3 p.m.

Matthew J. Lash, Athletic Director

January 30, 2009

Upcoming Events

Friday, Jan. 30:

Varsity Basketball Game at Camden
Boys: 6:00 Girls: 7:30

Saturday, Jan. 31:

Boys Basketball Game at Camden
Fresh: 10:00 JV: 11:30
Girls Basketball Game at Camden
Freshman: 1:00 JV: 2:30
Wrestling Regionals at MVHS Weigh In 8:00, Meet 9:30

Monday, Feb. 2:

Boys Basketball Game at Rockland
Freshman: 4:00 JV: 5:30
JV Girls Basketball Home Game w/Rockland 7:00

Tuesday, Feb. 3:

Varsity Basketball Home Game w/Rockland
Boys: 5:45 Girls: 7:15

Wednesday, Feb. 4:

Thursday, Feb. 5:

Varsity Basketball Home Game w/ LA
Boys: 5:45 Girls: 7:15

Friday, Feb. 6:

Boys Basketball Game at Lincoln Academy
Freshman: 4:15 JV: 5:45
JV Girls Basketball Game at Lincoln Academy 7:15
Freshman Girls Basketball Game at Morse 4:00

Saturday, Feb. 7:

State Wrestling Meet at ACC weigh in 7:30 Meet: 9:30
Boys and Girls KVAC Basketball Game at Cony

Visit the Medomak Valley High School website at
<http://www.msad40.org/schools/mvhs>

Please submit news items to be published in the MVHS newsletter via e-mail to lisa_gunn@sad40.k12.me.us or deliver news items to the MVHS main office by Wednesday morning for Thursday publication.

Attention Sr's:

Jostens will be here Wed., Feb. 4 during extended PAT, to talk about Cap 'n Gowns, and other optional items. Morning VOC students should pick up a packet in the office the next day.



PARENT'S TOOLBOX!

Remember to check out the Parent's Toolbox on www.msad40.org
New information is added often and you don't want to miss anything!
Coming next month...a parent survey!

School Cancellations

Television:

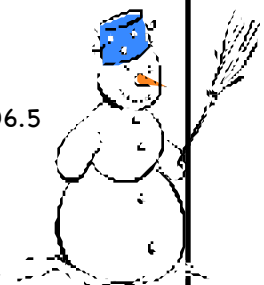
WCHS-Channel 6
WMTW-Channel 8
WGME-Channel 13

Radio:

93.5, 94.5, 99.9, 102.9, 106.5

Internet:

www.msad40.org
www.WGME.com
www.wcsh6.com
www.villageSoup.com/knox



MVLT to Host Winter Tree Identification and Wildlife Tracking Event

Wildlife enthusiasts of all ages are invited to attend a winter tree identification and animal tracking event sponsored by the Medomak Valley Land Trust on February 7 beginning at 10 a.m. Waldoboro resident and Master Maine Guide, Joe Tynan, will lead the event, helping trackers identify some of the trees and wild animals commonly found in mid-coast Maine. Joe will use his knowledge of the outdoors to help participants follow animal tracks and assemble clues to match each track to the correct animal, possibly identify the animal's destination, the age of the tracks, and more. Each participant will receive a free animal track identification card.

The event will take place at MVLT's 54-acre Goose River Peace Corps Preserve. Participants should meet at the preserve's trail head on Finntown Rd in Waldoboro at 10 am. From Waldoboro village, follow Rte 220 south for approximately 5 miles. Make a left onto Finntown Road and proceed a mile to the trail head and preserve entrance on the right. Children under the age of 12 should be accompanied by an adult.

For more information about this event, conservation options, and MVLT's services to landowners, please contact the land trust's Waldoboro office at 832-5570 or send us an email at volmvt@midcoast.com. Medomak Valley Land Trust was established in 1991 to preserve the natural, recreational, scenic and traditional land-use values of the Medomak River watershed. Visit us online at www.medomakvalley.org.

MSAD 40 Adult Education

Classes are held at Medomak Valley High School in Waldoboro unless noted.

GED Class with Megan Dichter

GED classes offer intake, assessment and practice testing for the Official GED Tests. This is an individualized program based on student goals and abilities. Class begins Wednesday, February 4 from 6:00-8:00 p.m., but you may start any Wednesday that school is in session. All GED preparation is FREE of charge.

Daytime Learning Center at Miller School with Elizabeth Potter

The Learning Center provides adults with help in reading, writing and math and offers assessment and GED preparation Monday & Thursday mornings from 9:00-12:00. To enroll or for more information, call the center at 832-5231 or the adult education office at 832-5205. Learning Center services are FREE of charge.

Are You Ready for College?

Take the first step and find out if you are ready for college by taking the Accuplacer Test - testing is FREE of charge! One night only: Thursday, February 5 in room 30 from 5:30-8:00 p.m. Call 832-5205 to register!

Math Skills for College & Algebra Skills for College at Lincoln Academy

These classes are part of the Lincoln County regional College Transitions program and will assist aspiring college students to gain the Math & Algebra skills that they need to pass the Accuplacer test. Both classes begin Tuesday, February 10 from 6:00-8:30 p.m. for 12 weeks. Fee: FREE for college transitions students. *These classes are held at Lincoln Academy in Newcastle - call Union 74 Adult Education at 563-2811 to register.*

Writing Skills for College with Elizabeth Potter

Writing Skills for College will cover conventions of standard English usage with their applications in writing sentences, paragraphs, and simple essays. Coursework will help students prepare for college placement exams, specifically the Accuplacer test. Begins Thursday, February 12 from 6:00-8:30 p.m. for 12 weeks. Fee: FREE for college transitions students.

Call MSAD 40 Adult Education for more information or to register at 832-5205.

To access the new winter/spring adult education brochure, go to our website at

www.msad40.org/schools/adult and click on the Brochure Links icon.