

Waldoboro Rec offers Summer Swim Lessons

Swimming Lessons for participants ages (4) and up (younger if accompanied in pool) will held on Tuesday, Wednesday and Thursday mornings from June 30th to July 23rd (except July 7-9) at the Waldoboro Fitness Center in the following categories: (Level 1 - Introduction to Water Skills, Level 2 - Fundamental Aquatic Skills, Level 3 - Stroke Development and Level 4 - Stroke Improvement - Time slots (beginning at 10:00am) will be assigned once all registrations are received. This is a 4-week program with (3) 30-minute lessons per week with a Red Cross certified instructor. Space is limited to 10 students per session. Cost of the program is \$50 for Waldoboro residents and \$60 for non-residents. Registration forms are available at the Waldoboro Town Office or online at [<http://www.waldoboromaine.org/>] www.waldoboromaine.org/youth Completed forms and payment may be dropped off at the Waldoboro Town Office or mailed to the Waldoboro Recreation Department, P. O. Box J, Waldoboro, ME 04572. For more information call Kyle at 832-5369.

Dutch Soccer Academy Returns to the Mid-Coast

Dutch Soccer returns this year August 3-7 to Waldoboro, with another energetic, fun, and knowledgeable European coaching staff.

DSA day camps are designed to develop players' skill foundation and give them the knowledge they need to continue developing throughout the year. The DSA curriculum is tailored to the cognitive soccer development needs of various ages and skill levels. Regardless of whether a player is a beginner or advanced, DSA's experienced coaching team maximizes potential of all participants to improve their knowledge of the world's most popular game.

DSA believes in creating a fun and exciting soccer atmosphere for children and teens to play and learn. DSA teaches soccer by playing and relating various soccer moments to game situations. Players gain the skills and knowledge they need to play with confidence and excel in their soccer league throughout the year.

Each day, participants should bring to camp a water bottle, a healthy snack, a soccer ball, cleats, shin guards, and warm clothes if raining.

Camp for players in grades K-6 is 9:00-12:00 noon; for players in grades 7-12, 4:00-7:00 p.m. The cost is \$95 per player (for 15 hours of instruction), with a \$10 discount for each additional sibling. Camp location this year is at Philbrook Field on School Street (diagonally across from the Post Office) in Waldoboro. Register online at www.dutchsocceracademy.com and click on "Register". Local contact with any questions is Audrey Ennamorati at 832-5346.