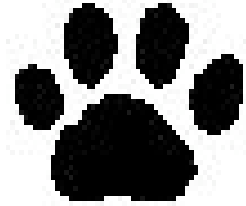


Panther Pride News



Medomak Valley High School

320 Manktown Rd.

Waldoboro, ME 04572

Harold E. Wilson, Principal

Andrew J. Cavanaugh, Assistant Principal

Ann M. Hassett, Director of Instruction

PH: (207) 832-5389 / FX: (207) 832-2280

Main Office Hours: 7:15-3 p.m.

Matthew J. Lash, Athletic Director

December 12, 2008

Upcoming Events

Friday, Dec. 12:

Boys Basketball Home Game w/Erskine Academy

Freshman: 4:00, JV: 5:30, Varsity: 7:00

Girls Basketball Game at Erskine Academy

Freshman: 4:00, JV: 5:30, Varsity 7:00

Saturday, Dec. 13:

Wrestling Meet at Mt. View Weigh In 9am Meet 10am

Boys Basketball Home Game w/Camden

Freshman 1:00 JV: 2:30

Girls Basketball Home Game w/Camden

Freshman: 10:00, JV: 11:30

Dance 7:30-10:30

Monday, Dec. 15:

Tuesday, Dec. 16:

Var. Girls Basketball Home Game w/Camden 5:45

Var. Boys Basketball Home Game w/Camden 7:15

Wednesday, Dec. 17:

Wrestling Meet Home w/Erskine Weigh In 6, Meet 7:00

Thursday, Dec. 18:

Freshman Girls Basketball Game at Camden 4:00

Var. Girls Basketball Game at LA 5:45

Var. Boys Basketball Game at LA 7:15

Friday, Dec. 19:

Saturday, Dec. 20:

Freshman Girls Basketball Game at GV 10:00

Atlantic Wrestling Invit., Weigh in 7:30, Meet 10:00.

JV Girls Home Game w/Rockland 10:00

Boys Home Game w/Rockland JV 11:30 Fresh. 1:00

Var. Girls Basketball Game at Rockland 5:00

Var. Boys Basketball Game at Rockland 7:15

School Cancellations

Television:

WCHS-Channel 6

WMTW-Channel 8

WGME-Channel 13

Radio:

93.5, 94.5, 99.9, 102.9, 106.5

Internet:

www.msad40.org

www.maineToday.com

www.WGME.com

www.wcsh6.com

www.villageSoup.com

www.maineCoastNow.com



Visit the Medomak Valley High School website at

<http://www.msad40.org/schools/mvhs>

Please submit news items to be published in the MVHS newsletter via e-mail to lisa_gunn@sad40.k12.me.us or deliver news items to the MVHS main office by Wednesday morning for Thursday publication.

Waldoboro Rec offers Discount Skating Passes at MRC

The Waldoboro Recreation Department is offering discount passes for public skating at the Midcoast Recreation Center in Rockport. Normally \$9/\$8 adult/child (skates included), passes are available at \$5.00 for teens/adults (age 13 and up) and \$4.00 for children (12 and under). Public skating is held as follows: Tues/Thurs Fri: 12-2pm (ends Mar. 21), Sat/Sun: 12-2pm (ends Feb. 10), 3:30pm-5pm (Feb. 19 - Mar. 20). Check www.midcoastrec.com for updated/additional times. Passes are available at the Recreation Department at the Waldoboro Town Office. For more information, call Kyle at 832-5369. Passes must be purchased in person.

WALDOBORO REC OFFERS DISCOUNT PIRATES TIX

The Waldoboro Recreation Department is now selling Portland Pirates *discount flex vouchers* for the 08-09 hockey season. Flex vouchers are good for any best available main deck seat at the Cumberland County Civic Center during the regular 2008-09 season, subject to availability.

Adult vouchers are \$10.00 each, a discount of \$7.00 off the regular main deck cost. Child / Senior vouchers are \$8.00 each, \$1.00 off the regular cost.

Vouchers can be redeemed at the Civic Center Box office for any 08-09 regular season home game with the Portland Pirates. These make great gifts for the upcoming holiday season, birthday or anytime you want to take the family to the game and are looking for a deal! Perfect for the hockey fan in your family to use throughout the season!

Flex Vouchers are on sale now at the Waldoboro Town Office and all voucher sales are final. Cash and checks are accepted. We do not accept credit cards. For more information, please call Kyle at 832-5369.

Dental Care App'ts Available

Prevention Partners, a non-profit public charity organization, is scheduled to be at MVHS on January 12th and 13th, to provide dental/oral health care. This free program is available to all Maine Care children under the age of 21. Others without regular dental care may self-pay.

We are pleased to offer this dental program to MVHS students. A certified dental hygienist will come to our school and set up portable dental equipment. The hygienist can provide sealants, fluoride treatments, oral hygiene instruction, cleaning, tobacco and nutrition counseling, etc.

Applications are available in the Main Office and Health Office. Please call the Health Office at 832-5566 with any questions or to have an application mailed.

Parent/guardian permission, health history of child and Maine Care # of child, are all required for a student to receive oral preventive service at school.

Scholarship Information

The Ann Ford Scholarship	Dec. 31 2008	Students w/learning disabilities	10,000.00	
Humane Society of US	March 16, 2009	Animal Protection	2,000.00	
Maine Nurses Assoc.	July 1, 2009	Nursing Program	(3) 1,000.00	
American Society of Civil Engineers	Jan. 31, 2009	Proof of enrolment in a civil engineering program	(2) 2,000. 00	
Agriculture scholarship by Monsanto Company	Feb. 15 2009	On-line application www.monsanto.com or www.ffa.org		
Clyde Russell	Feb 1, 2009	Four-year college/or Maine Community College		
UMO Visual Arts	Jan. 28, 2009	Acceptance into UMaine's College of Liberal Arts & Sciences	1,000.00 or 2,000.00	
UMO Pulp Paper 1st year students	Feb. 1, 2009	Engineering	FULL TUITION pending 3.0 GPA	
American Lung Assoc. Golf Scholarship	March 15, 2009	Involved in Golf	(2) 500.00	
KFC		Apply on-line www.kfcscholars.org Application available Dec. 1, 2008 through Feb. 10, 2009		
McKelvey Foundation	Jan. 25, 2009	must have owned/operated own business Apply on-line www.mckelveyfoundation.org		
Elks National Foundation (not local)	Jan. 9, 2009	On-line application www.elks.org/enf/scholars	Multiple awards	
Elks Legacy Awards www.elks.org/enf/scholars	Jan. 9 2009	On-line application	Multiple awards (Elk Members Only)	



Any student interested in taking free classes through Central Maine Community College beginning in January can sign up in the main office ASAP! All classes will be held in the old Reny's building in Damariscotta. The classes are:

COM	100	L1	Public Speaking	Wed	5:00pm or 7:55pm
MUS	101	L1	Music Apprec & History	Sat	9:00am or 11:55am
PHI	101	L1	Critical Thinking	Mon	5:00pm or 7:55pm
PSY	111	L1	Developmental Psychology	Tues	5:30pm or 8:25pm

MEDOMAK VALLEY GUIDANCE DEPARTMENT NEWSLETTER FOR JUNIOR YEAR STUDENTS

DECEMBER/JANUARY

Which College is right for me?

- Check the college size- would you be comfortable in a college of more than 15,000 or less than 1,000 students?
- Location, location, location -
- Do you prefer an urban or rural environment? Do you want to stay close to home or are you ready for a change? Commuting time? Housing availability? What about climate, recreational options, culture and food?
- Method of instruction- is a competitive or relaxed learning environment more attractive?
- What class size suits your learning style best?
- Length of program- programs may be 1 year, 2 year, 4 year or more.
- Finally, \$\$\$- attend high school financial aid night. (FAME will be here Dec, 10th at 6:00) and Regional College Night will be held January 28,2009. (More details to follow.)

PREPARE FOR *YOUR* FUTURE

MEDOMAK VALLEY GUIDANCE DEPARTMENT SENIOR NEWSLETTER

DECEMBER/JANUARY

Completing the application process

- If you have not finished your application(s), do so and mail no later that December 15th. Early is **MUCH** better that late!
- Check with your guidance counselor to see that they have all required forms and that mid-year grades will be reported.
- Be sure to attend *Financial Aid Night hosted by FAME* (The Financial Authority of Maine) on December 10, 2008 @6:00 in the auditorium.
- Request a Personal Identification Number (PIN) at www.fafsa.ed.gov. You must have it to complete the FAFSA online.
- Complete and submit FAFSA as soon as possible **after** January 1st.
- Keep a copy of the FAFSA, whether you submit it on paper or file electronically.
- Also, there will be a Regional College Night on January 28, 2009. More details to follow.

