

REGIONAL SCHOOL UNIT 40

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Steve Nolan, Superintendent
Christina Wotton, Assistant Superintendent

Karen Pike, Business Manager
Karen Brackett, Director of Special Services

Curriculum Committee Meeting Thursday, December 12, 2019 Medomak Middle School 5:00 p.m.

Committee Members: Sara Andrews, Guy Bourrie, Morgan Hynd, Errol Silvestri, Emily Trask-Eaton, Bob Williams and Melvin Williams

Ex-Officio Members: Danny Jackson/Board Chair, Steve Nolan/Superintendent, Christina Wotton/Director of Instruction and Linda Pease/Principal Medomak Valley High School

Minutes

I. Call to Order at 4:59 p.m.

- A. Declaration of Quorum
- B. Note Absences: Errol Silvestri, Emily Trask-Eaton, Danny Jackson
- C. Approve Minutes from November 14, 2019 (Guy Bourrie made a motion to approve, Bob Williams seconded this motion. Committee members in attendance voted unanimously to approve.)

II. Action Items

- A. No action items to report.

III. Other Items

- A. Kellie Bailey, MA, CCC-SLP, MMT and Julia Hynd Warren Community School (WCS) Student: Kellie Bailey presented to the Committee on the brain science that supports the need for mindfulness in education. Ms. Bailey shared the ways the schools in the district are implementing mindfulness, in particular how they are doing so at WCS. Ms. Bailey shared her book, *Sometimes I Flip My Lid*, which was followed by WCS student, Julia Hynd, sharing her experience of the mindfulness techniques used in the school. Julia led the Committee in the daily mindfulness exercise that is read during the morning announcements at WCS daily.
 - i. Mindfulness in Education Practices
 - ii. Mindfulness in Education Mini-Course (35 minutes)
- B. Course of Study – High School (30 minutes): Linda Pease led the Committee in a discussion of the courses of study at the MVHS and the proposed changes to MVHS's program of studies for 2020-2021.
- C. Policy JLG, JLG-R (20 minutes): The Committee discussed the policy and made amendments to the policy. (Bob Williams made a motion to forward Policy JLG, JLG-R to the Policy Committee for review as amended. Melvin

Williams seconded this motion. Committee members in attendance voted unanimously to approve.)

- D. +/-Delta Exercise (5 minutes): Morgan Hynd led the Committee in a +/-Delta exercise and the Committee shared the following: (+) Mindfulness presentation, student involvement in the presentation, and a positive, open minded, and supportive tone to the overall meeting. (Delta) Allow discussion of important items to run over the allotted time if necessary.

IV. Adjourned at 6:34 p.m.

All meetings of the Board, except executive sessions, will be open to the public. All actions of the Board will be taken openly and the deliberations leading to Board action will likewise be conducted openly. The public and district employees are encouraged to attend Board meetings. A time of up to thirty minutes in duration for comments by visitors at Board meetings will be scheduled at the beginning of the Board's agenda. Board committee meetings are open to the public. Public input is welcomed but the Board Chair may need to limit discussion.

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