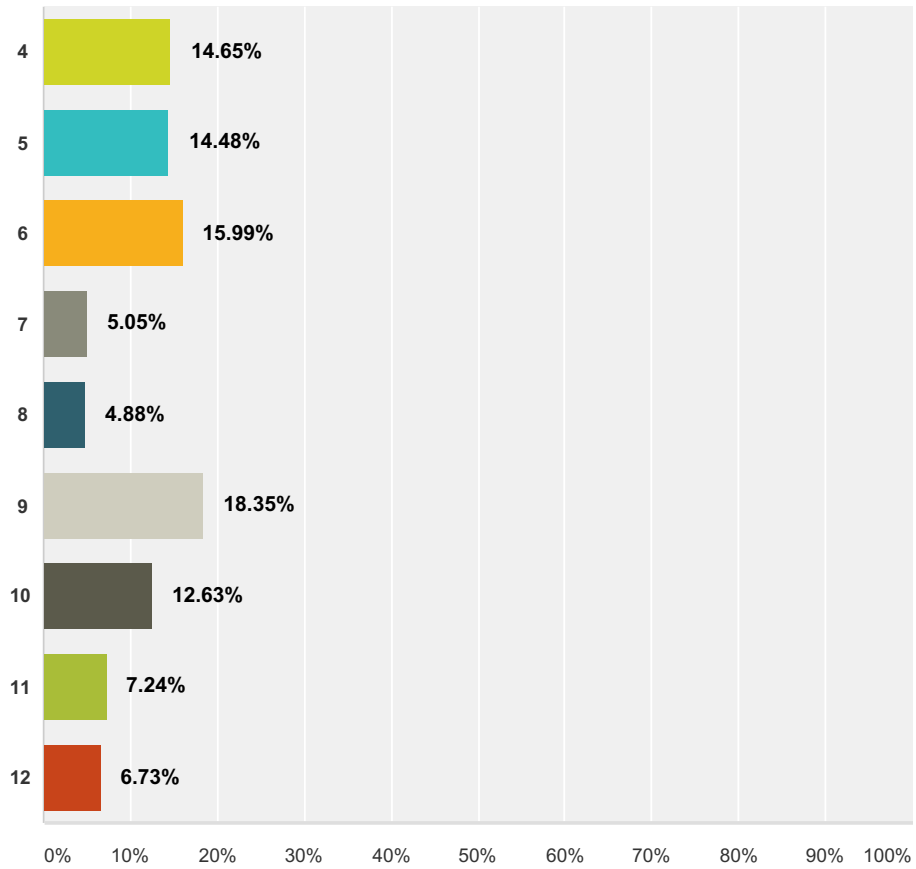


Q1 Please select your grade?

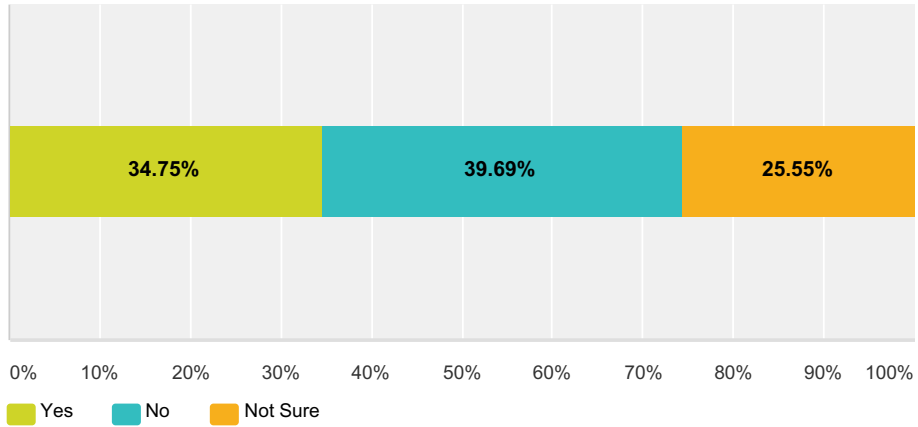
Answered: 594 Skipped: 1



Answer Choices	Responses
4	14.65% 87
5	14.48% 86
6	15.99% 95
7	5.05% 30
8	4.88% 29
9	18.35% 109
10	12.63% 75
11	7.24% 43
12	6.73% 40
Total	594

Q2 Do you agree that the adolescent sleep cycle is mismatched to our current middle/high school start time?

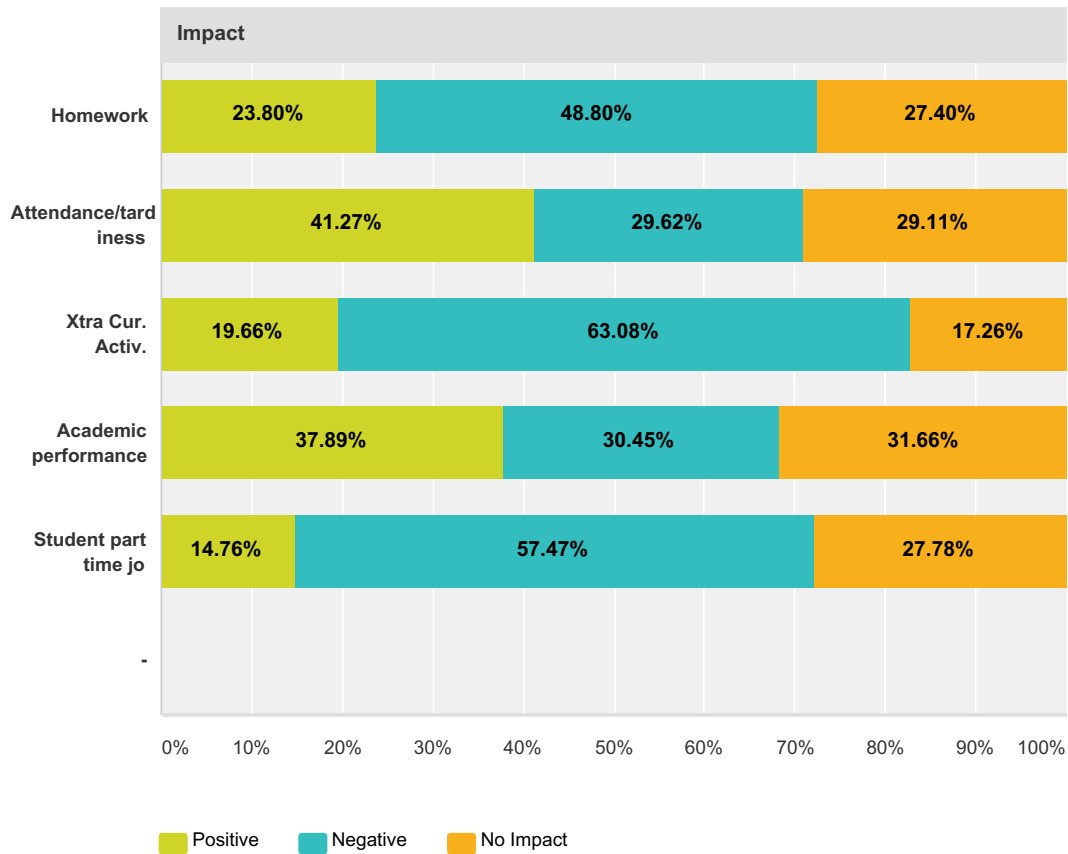
Answered: 587 Skipped: 8



Answer Choices	Responses	Count
Yes	34.75%	204
No	39.69%	233
Not Sure	25.55%	150
Total		587

Q3 Rank the following areas affected by later school start times accomplished by all schools starting later.

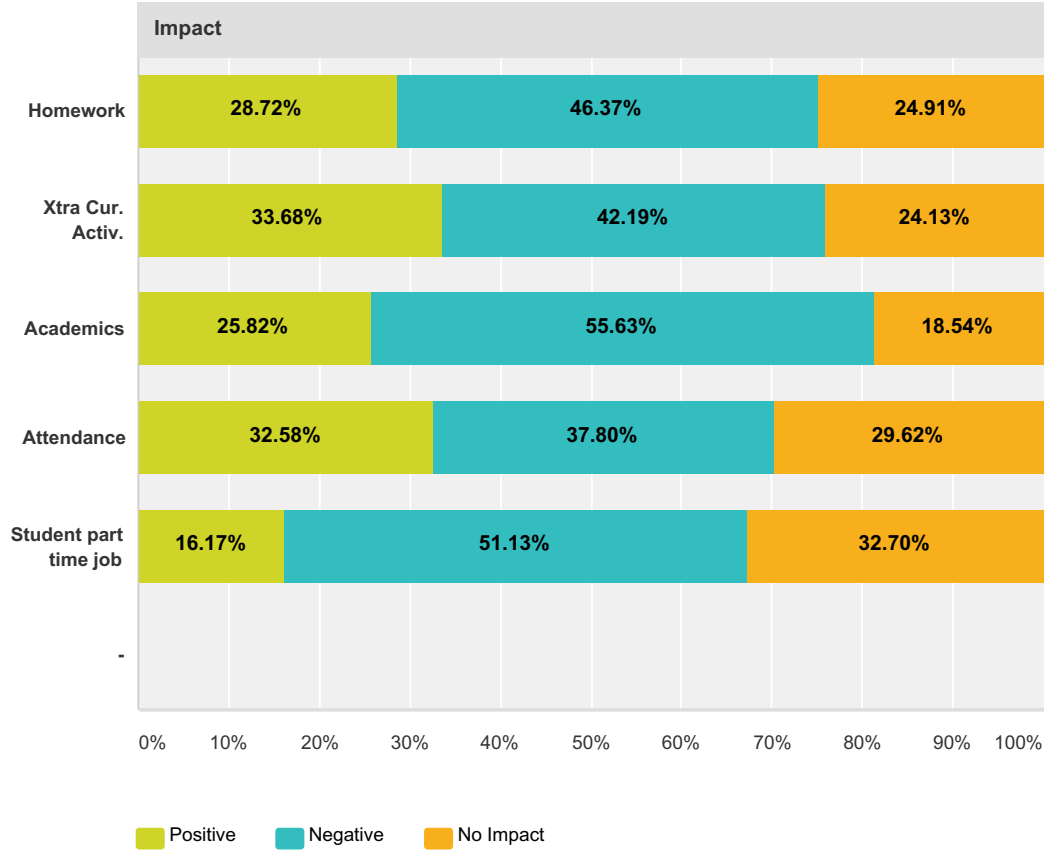
Answered: 589 Skipped: 6



Impact	Positive	Negative	No Impact	Total
Homework	23.80% 139	48.80% 285	27.40% 160	584
Attendance/tardiness	41.27% 241	29.62% 173	29.11% 170	584
Xtra Cur. Activ.	19.66% 115	63.08% 369	17.26% 101	585
Academic performance	37.89% 219	30.45% 176	31.66% 183	578
Student part time jo	14.76% 85	57.47% 331	27.78% 160	576
-	0.00% 0	0.00% 0	0.00% 0	0

Q4 Rank the following areas affected by later school start times accomplished by "flipping" the elementary and middle/high school schedules.

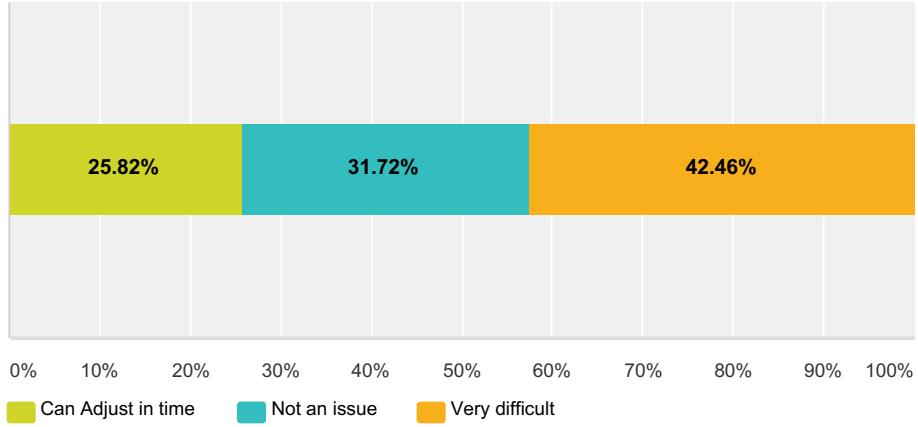
Answered: 581 Skipped: 14



Impact				
	Positive	Negative	No Impact	Total
Homework	28.72% 166	46.37% 268	24.91% 144	578
Xtra Cur. Activ.	33.68% 194	42.19% 243	24.13% 139	576
Academics	25.82% 149	55.63% 321	18.54% 107	577
Attendance	32.58% 187	37.80% 217	29.62% 170	574
Student part time job	16.17% 93	51.13% 294	32.70% 188	575
-	0.00% 0	0.00% 0	0.00% 0	0

Q5 How difficult would it be for you to make one of the suggested schedule changes to accommodate a later start time?

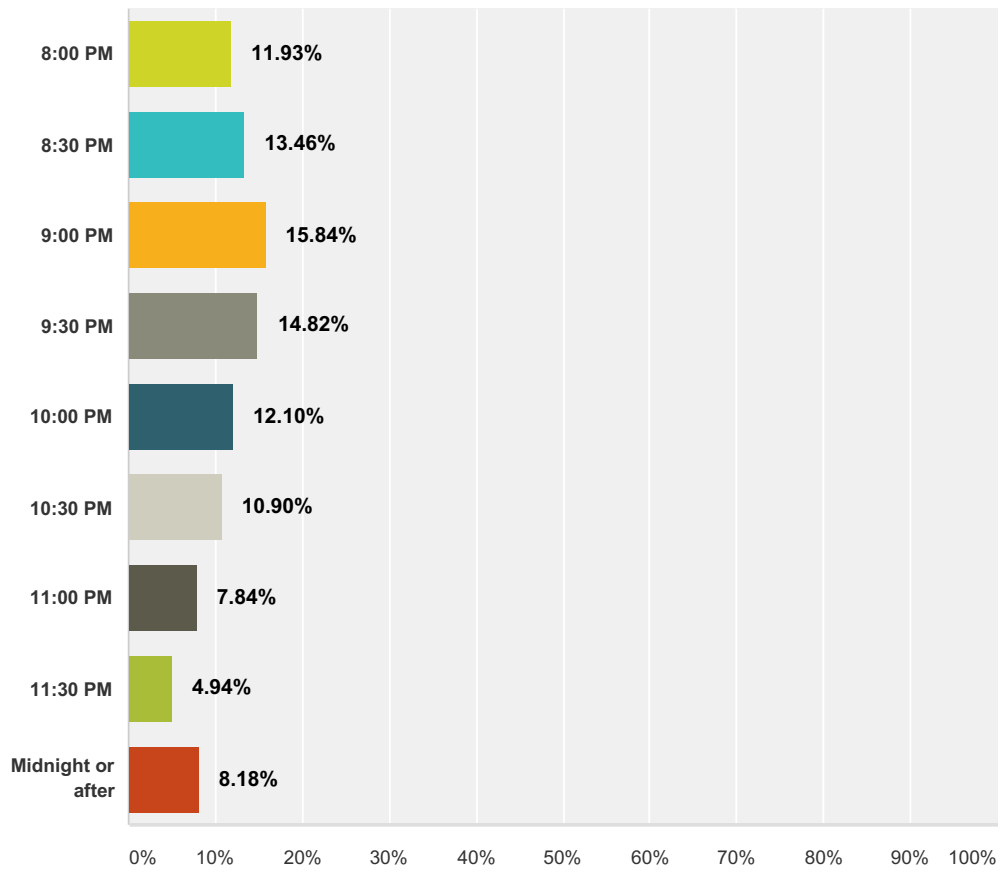
Answered: 577 Skipped: 18



Answer Choices	Responses	
Can Adjust in time	25.82%	149
Not an issue	31.72%	183
Very difficult	42.46%	245
Total		577

Q6 What time do you usually go to bed on a school night?

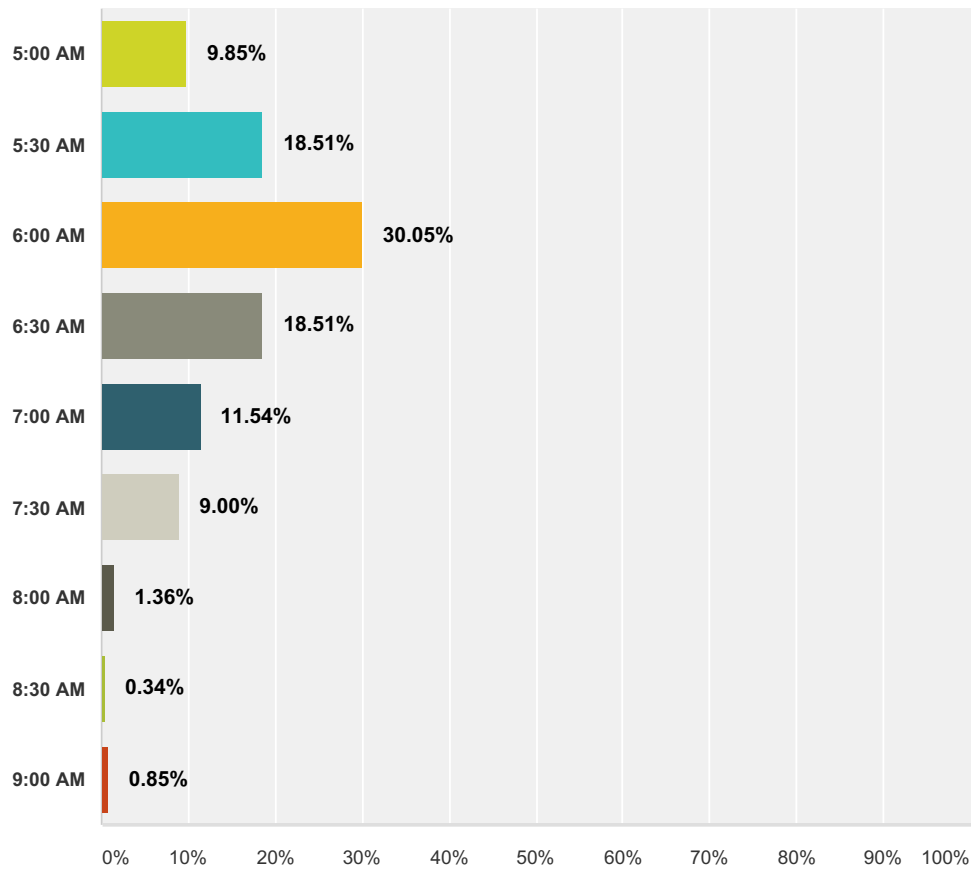
Answered: 587 Skipped: 8



Answer Choices	Responses	
8:00 PM	11.93%	70
8:30 PM	13.46%	79
9:00 PM	15.84%	93
9:30 PM	14.82%	87
10:00 PM	12.10%	71
10:30 PM	10.90%	64
11:00 PM	7.84%	46
11:30 PM	4.94%	29
Midnight or after	8.18%	48
Total		587

Q7 What time do you get up to go to school?

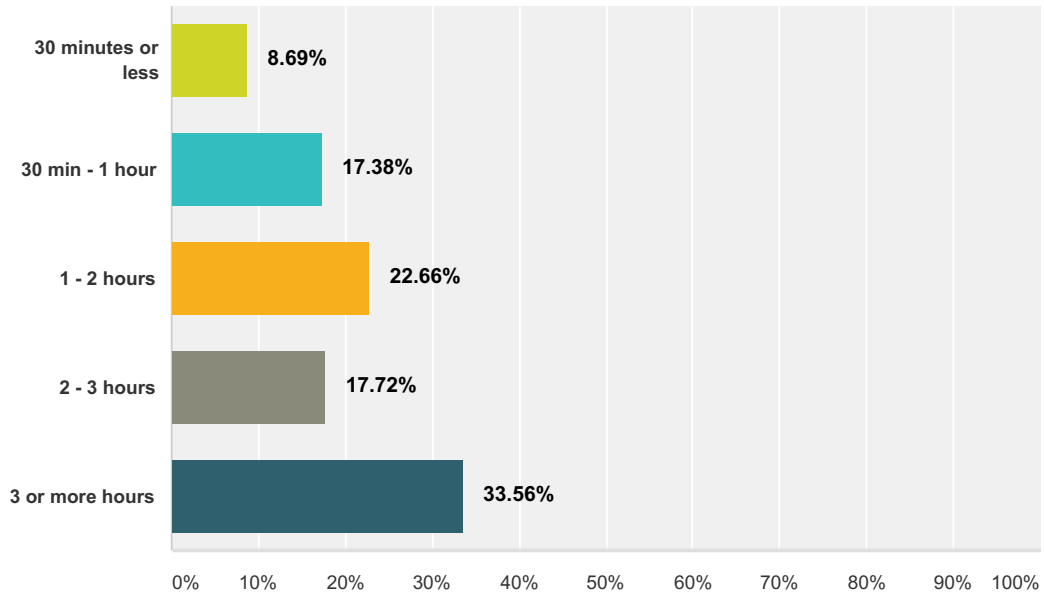
Answered: 589 Skipped: 6



Answer Choices	Responses
5:00 AM	9.85% 58
5:30 AM	18.51% 109
6:00 AM	30.05% 177
6:30 AM	18.51% 109
7:00 AM	11.54% 68
7:30 AM	9.00% 53
8:00 AM	1.36% 8
8:30 AM	0.34% 2
9:00 AM	0.85% 5
Total	589

Q8 Approximately, how many hours of "screen time" do you normally have on a school night between dinner time and bed time? (Screen time includes the computer, video games, TV/streaming, social media, texting, etc.)

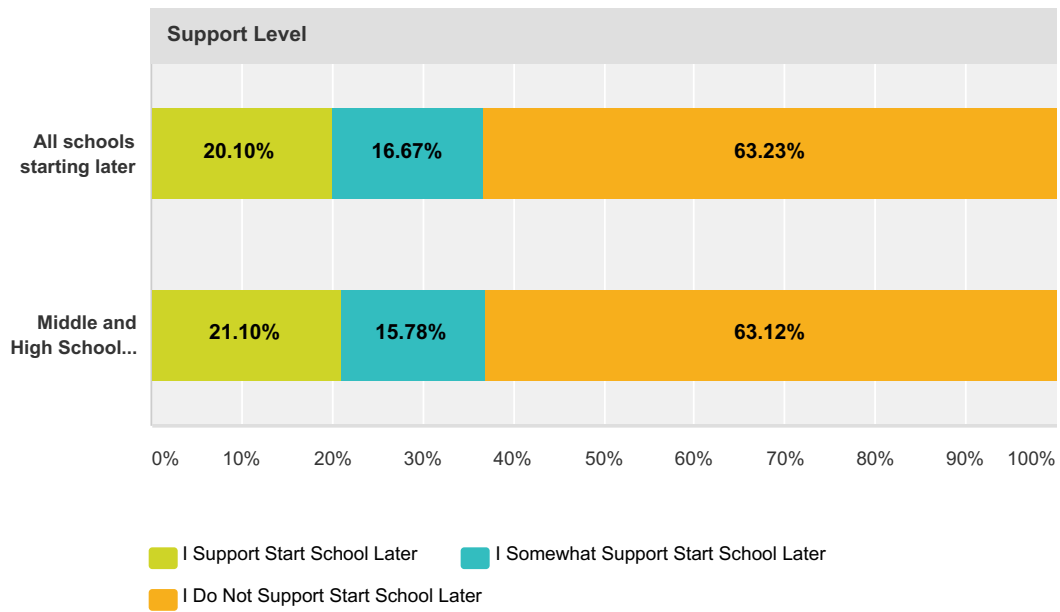
Answered: 587 Skipped: 8



Answer Choices	Responses	Count
30 minutes or less	8.69%	51
30 min - 1 hour	17.38%	102
1 - 2 hours	22.66%	133
2 - 3 hours	17.72%	104
3 or more hours	33.56%	197
Total		587

Q9 Please rank your level of support for the later school start times options.

Answered: 585 Skipped: 10



Support Level				
	I Support Start School Later	I Somewhat Support Start School Later	I Do Not Support Start School Later	Total
All schools starting later	20.10% 117	16.67% 97	63.23% 368	582
Middle and High School start times flipped with Elementary Schools Start Time	21.10% 123	15.78% 92	63.12% 368	583